

3-Month Smart Study Plan to Crack GPAT 2026 in First Attempt

If you're aiming to crack GPAT 2026 in first attempt, follow this strategic 3-month plan that balances theory, revision, and mock tests. This approach has helped hundreds of students achieve top ranks.

Month 1: Strong Foundation (Days 1–30)

Goal: Complete 40–50% of the syllabus with conceptual clarity.

- Study 2 core subjects (e.g., Pharmaceutics & Pharmacology)
- Make handwritten notes for each chapter
- Practice 25 MCQs daily after theory sessions
- Revise weekly to reinforce concepts

Month 2: Revision + MCQ Practice (Days 31–60)

Goal: Revise old topics and cover 2 more subjects.

- Revise Month 1 subjects using short notes
- Cover another 2 subjects (e.g., Pharmaceutical Chemistry & Pharmacognosy)
- Increase MCQ practice to 50/day
- Attempt one mini mock test (30–50 Qs) every weekend

Month 3: Full-Length Mock Tests + Final Revision (Days 61–90)

Goal: Strengthen time management and exam strategy.

- Attempt 3–4 full-length mock tests per week
- Analyze mistakes and improve accuracy
- Focus on high-yield topics and numerical problems
- Revise complete short notes, formula sheets, and PYQs

Tip: Start your day with 2 hours of focused theory and end it with 1 hour of MCQs. This routine ensures clarity and speed.